

God Heals – Overcoming the Spirit of Infirmity

Dr. John Carmichael

[Luk 13:10-17 NASB95] 10 And He was teaching in one of the synagogues on the Sabbath. 11 And there was a woman who for eighteen years had had a sickness caused by a spirit; and she was bent double, and could not straighten up at all. 12 When Jesus saw her, He called her over and said to her, "Woman, you are freed from your sickness." 13 And He laid His hands on her; and immediately she was made erect again and [began] glorifying God. 14 But the synagogue official, indignant because Jesus had healed on the Sabbath, [began] saying to the crowd in response, "There are six days in which work should be done; so come during them and get healed, and not on the Sabbath day." 15 But the Lord answered him and said, "You hypocrites, does not each of you on the Sabbath untie his ox or his donkey from the stall and lead him away to water [him?]" 16 "And this woman, a daughter of Abraham as she is, whom Satan has bound for eighteen long years, should she not have been released from this bond on the Sabbath day?" 17 As He said this, all His opponents were being humiliated; and the entire crowd was rejoicing over all the glorious things being done by Him.

- The woman in Luke 13 was not just sick, she was “bound by a spirit of infirmity.”
- Jesus didn’t treat this as merely physical; He addressed the spiritual cause and set her free.
- Likewise, many sicknesses are otherly reinforced: emotional, generational, or demonic.
- Healing often requires both prayer for the body and deliverance for the soul and the spirit.
- Good news: If the enemy can bind, Jesus can loose, and He has given that same authority to His Church.

What do we need to know about overcoming the spirit of infirmity?

Here are five power truths we need to know about overcoming the spirit of infirmity.

I. Recognize the Spirit Behind the Sickness

- a. [Luk 13:11 NASB95] 11 And there was a woman who for eighteen years had had a sickness caused by a spirit; and she was bent double, and could not straighten up at all.
- b. [2Co 2:11 NASB95] 11 so that no advantage would be taken of us by Satan, for we are not ignorant of his schemes.
- c. Some afflictions are more than biology; they are bondage. The enemy uses fear, trauma, and sin to twist our whole being.
- d. Ask the Holy Spirit for discernment — “Is this sickness physical, emotional, or spiritual?” Most, if not all, of the time is some combination of the three: spirit, soul, and body.
- e. Pray for revelation. Healing begins when the root is healed. Many times I have prayed for the emotional and traumatic issues first, the physical just lined up.

II. Remember Who You Are and Where You’re Seated

- a. [Eph 2:6 NASB95] 6 and raised us up with Him, and seated us with Him in the heavenly [places] in Christ Jesus,
- b. [Col 2:15 NASB95] 15 When He had disarmed the rulers and authorities, He made a public display of them, having triumphed over them through Him.
- c. When Jesus rose, we rose with Him. His victory is our authority.
- d. Authority is delegated power: The authority of the is believer is understanding the right to enforce the victory of the cross
- e. Speak to sickness and oppression ***from your position, not your condition.*** Declare: “I am seated with Christ above this infirmity!”

III. Exercise the Authority You Have Been Given

- a. [Luk 10:19 NASB95] 19 "Behold, I have given you authority to tread on serpents and scorpions, and over all the power of the enemy, and nothing will injure you.

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- b. [Mat 28:18 NASB95] 18 And Jesus came up and spoke to them, saying, "All authority has been given to Me in heaven and on earth.
- c. Believers are not powerless observers. We are enforcers of Christ's victory.
- d. We don't beg God to move; we command the enemy to release.
- e. When you pray, don't ask fearfully, we speak boldly.
- f. Say, "In Jesus' Name, I break the power of this infirmity and command it to leave."
- g. Faith demands its rights, not from God but from the devil.

IV. Stay Planted and Positioned for Healing

- a. [Psa 92:13 NASB95] 13 Planted in the house of the LORD, They will flourish in the courts of our God.
- b. [Phi 2:13 NASB95] 13 for it is God who is at work in you, both to will and to work for [His] good pleasure.
- c. The woman in Luke 13 was in the synagogue when Jesus found her.
- d. Sometimes, the right environment unlocks healing: worship, Word, community.
- e. Stay faithful to the house of God. Don't withdraw in affliction, press in.
- f. Your deliverance is often waiting in the place of obedience.

V. Expect Freedom and Glorify God

- a. [Luk 13:13 NASB95] 13 And He laid His hands on her; and immediately she was made erect again and [began] glorifying God.
- b. [2Co 2:14 NASB95] 14 But thanks be to God, who always leads us in triumph in Christ, and manifests through us the sweet aroma of the knowledge of Him in every place.
- c. Every healing (physical or spiritual) is meant to glorify Jesus.
- d. Deliverance isn't only about freedom from pain; it's about freedom for praise.
- e. When God touches you, testify.
- f. Your story humiliates the enemy (Luke 13:17) and builds faith for others' healing.

- **The spirit of infirmity is defeated when believers walk in their Christ-given authority and command freedom in Jesus' Name.**
- **Stand Up Straight!**
- **The same Jesus who loosed that woman from Satan's grip is present today.**
- **Infirmity bows to authority; bondage breaks under the Name above every name.**
- **Rise up from what has held you down (emotionally, physically, spiritually) and glorify God.**