

Healing at the Table

Dr. John Carmichael

[Exo 12:6-8 NASB95] 6 'You shall keep it until the fourteenth day of the same month, then the whole assembly of the congregation of Israel is to kill it at twilight. 7 'Moreover, they shall take some of the blood and put it on the two doorposts and on the lintel of the houses in which they eat it. 8 'They shall eat the flesh that [same] night, roasted with fire, and they shall eat it with unleavened bread and bitter herbs.

[Luk 22:19 NASB95] 19 And when He had taken [some] bread [and] given thanks, He broke it and gave it to them, saying, "This is My body which is given for you; do this in remembrance of Me."

- Tonight is not random.
- Jesus didn't accidentally choose a meal... He chose a moment in time loaded with meaning.
- In our culture, Thursday is Thursday. But in Jewish understanding, the day begins at sunset. That means what we call Thursday night...began on our Wednesday evening.
- So when Jesus sat at the table for the Last Supper...He was stepping into Passover time; a moment where deliverance, protection, and healing were already established in Israel's history.
- Exodus 12:6 - 8 - the lamb is prepared "at twilight." The same window of time we are stepping into tonight.

If Jesus already paid for healing, why do so many leave the table without receiving it?

Here are six truths that will help you receive the healing Jesus paid for.

I. THE FIRST TABLE PRODUCED A HEALED PEOPLE

- [Exo 12:8 NASB95] 8 'They shall eat the flesh that [same] night, roasted with fire, and they shall eat it with unleavened bread and bitter herbs.
- [Psa 105:37 NASB95] 37 Then He brought them out with silver and gold, And among His tribes there was not one who stumbled.
- Israel didn't just leave Egypt...they left healed.
- They ate the lamb. They applied the blood. They walked out whole.
- One meal... and an entire nation was healed.
- When God establishes a pattern, He doesn't abandon it.

II. JESUS SHIFTED THE TABLE TO HIMSELF

- [Luk 22:19 NASB95] 19 And when He had taken [some] bread [and] given thanks, He broke it and gave it to them, saying, "This is My body which is given for you; do this in remembrance of Me."
- [Jhn 1:29 NASB95] 29 The next day he saw Jesus coming to him and said, "Behold, the Lamb of God who takes away the sin of the world!"
- Jesus didn't cancel Passover. He fulfilled it.
- He didn't just serve the meal. He became the miracle.
- Communion is not just remembering; it's receiving.

III. THE BODY WAS BROKEN FOR YOUR BODY

- [Isa 53:5 NASB95] 5 But He was pierced through for our transgressions, He was crushed for our iniquities; The chastening for our well-being [fell] upon Him, And by His scourging we are healed.
- [1Co 11:24 NASB95] 24 and when He had given thanks, He broke it and said, "This is My body, which is for you; do this in remembrance of Me."
- His body was broken so yours could be restored.

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- d. This is not symbolic suffering. This is substitutionary healing.
- e. He took stripes so you could walk in strength.
- f. Stop separating: Salvation (forgiveness) Healing (restoration).
- g. They were purchased in the same sacrifice.

IV. DISCERNING THE BODY UNLOCKS THE BENEFIT

- a. [1Co 11:29-30 NASB95] 29 For he who eats and drinks, eats and drinks judgment to himself if he does not judge the body rightly. 30 For this reason many among you are weak and sick, and a number sleep.
- b. Paul said: Weak Sick Sleep (Die)
- c. Why? They didn't discern the body. To "discern" means: Recognize what it provides.
- d. You can receive what you don't fully understand but you cannot receive what you don't recognize."
- e. Tonight: We are not taking this casually. We are taking this intentionally.

V. THIS IS A MOMENT OF RECEIVING, NOT REQUESTING

- a. [1Pe 2:24 NASB95] 24 and He Himself bore our sins in His body on the cross, so that we might die to sin and live to righteousness; for by His wounds you were healed.
- b. [Heb 10:14 NASB95] 14 For by one offering He has perfected for all time those who are sanctified.
- c. "You WERE healed"
- d. Not: Trying to get OR hoping it happens
- e. Receiving what is finished.
- f. You're not asking God to do something new; you're receiving what Jesus already did.
- g. Shift your posture: From begging → to believing; From striving → to receiving

VI. THE TIMING IS NOT ACCIDENTAL

- a. [Exo 12:6 NASB95] 6 'You shall keep it until the fourteenth day of the same month, then the whole assembly of the congregation of Israel is to kill it at twilight.
- b. [Luk 22:14 NASB95] 14 When the hour had come, He reclined [at the table,] and the apostles with Him.
- c. In Jewish understanding: The day begins at sunset. That means what we call Thursday night, started Wednesday evening.
- d. Jesus sat down at the exact time: The lambs were being prepared; the covenant moment began.
- e. He chose the moment... because the moment carries meaning."
- f. Tonight is not random. We are stepping into a God-patterned moment.

- **What Jesus broke at the table releases healing in your body.**
- **The table has been set and healing is on it.**