Jesus Heals You – Speak Faith, Receive Healing
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[Mat 9:20-22 NASB95] – 20 And a woman who had been suffering from a hemorrhage for twelve years, came up behind Him and touched the fringe of His cloak; 21 for she was saying to herself, "If I only touch His garment, I will get well." 22 But Jesus turning and seeing her said, "Daughter, take courage; your faith has made you well." At once the woman was made well.

[Mar 5:25-34 NASB95] – 25 A woman who had had a hemorrhage for twelve years, 26 and had endured much at the hands of many physicians, and had spent all that she had and was not helped at all, but rather had grown worse-- 27 after hearing about Jesus, she came up in the crowd behind [Him] and touched His cloak. 28 For she thought, "If I just touch His garments, I will get well." 29 Immediately the flow of her blood was dried up; and she felt in her body that she was healed of her affliction. 30 Immediately Jesus, perceiving in Himself that the power [proceeding] from Him had gone forth, turned around in the crowd and said, "Who touched My garments?" 31 And His disciples said to Him, "You see the crowd pressing in on You, and You say, 'Who touched Me?'" 32 And He looked around to see the woman who had done this. 33 But the woman fearing and trembling, aware of what had happened to her, came and fell down before Him and told Him the whole truth. 34 And He said to her, "Daughter, your faith has made you well; go in peace and be healed of your affliction."

- We all talk to ourselves. Some do it quietly. Some do it out loud. Some even answer themselves!
- But the serious question is: What are you telling yourself about your future, your body, and your God?
- The woman with the issue of blood had twelve years of reasons to be discouraged. She had suffered, spent her resources, and grown worse. Yet when she heard about Jesus, she began expressing a different expectation.
- Matthew 9:21 says: “for she was saying to herself, ‘If I only touch His garment, I will get well.’”
- Mark 5:28 uses “thought,” but the NASB95 footnote reads, “Lit was saying.” Her confession is presented as inward speech; we should not insist that she spoke audibly. Even the words we say within ourselves matter. Bible Gateway
- Before she felt a change in her body, she expressed confidence in Jesus.
- **Twelve years of suffering had shaped her experience, but faith in Jesus began shaping her expectation.**

How can the words we speak help us respond in faith and receive divine healing?

These passages show four ways to bring our words into agreement with faith in God.

I. **Speak Faith to Yourself Before You See the Answer - Matthew 9:21; Mark 5:27–34**
   a. What she heard about Jesus changed what she said to herself.
      i. Her story moves from hearing about Jesus to expressing confidence, approaching Him, touching His garment, and receiving healing
      ii. Her suffering was real, but it was no longer the only thing informing her expectation.
      iii. Let what you hear about Jesus have a voice in what you say about your situation.
   b. Her words focused on Jesus’ ability.
      i. She connected getting well with reaching Jesus. Her confidence rested in Him.
      ii. Her words did not supply the healing power. Mark identifies power proceeding from Jesus, and Jesus identifies her faith as significant in receiving her healing.

Her confession expressed the faith that moved her toward the Healer. Bible Gateway

c. Her confession became action.
    i. She did more than imagine an encounter. She approached Jesus and touched His garment.
    ii. Preaching line: “She spoke her faith, stepped toward Jesus, and received His power.”
    iii. Healing application: Replace “There is no hope for me” with “Jesus, my hope is in You.” Replace “Nothing can ever change” with “This condition is real, and Your power is real.” Express faith through prayer, receiving ministry, and obedient action.
    iv. What sentence have I been repeating to myself that needs to be brought under the authority of God’s Word?

II. Speak With the Awareness That God Hears - [Mal 3:13-18 NASB95] – 13 "Your words have been arrogant against Me," says the LORD. "Yet you say, 'What have we spoken against You?' 14 "You have said, 'It is vain to serve God; and what profit is it that we have kept His charge, and that we have walked in mourning before the LORD of hosts? 15 'So now we call the arrogant blessed; not only are the doers of wickedness built up but they also test God and escape.'" 16 Then those who feared the LORD spoke to one another, and the LORD gave attention and heard [it,] and a book of remembrance was written before Him for those who fear the LORD and who esteem His name. 17 "They will be Mine," says the LORD of hosts, "on the day that I prepare [My] own possession, and I will spare them as a man spares his own son who serves him." 18 So you will again distinguish between the righteous and the wicked, between one who serves God and one who does not serve Him. [Num 14:28 NASB95] – 28 "Say to them, 'As I live,' says the LORD, 'just as you have spoken in My hearing, so I will surely do to you;

a. God heard words that questioned the value of serving Him. Malachi 3:13–15
    i. The people said serving God was pointless. Their speech revealed a conclusion about His character and the worth of faithfulness.
    ii. Healing connection: Disappointment can tempt us to turn an unanswered question into a settled accusation: “Prayer is useless. God does not care.”
    iii. Bring the disappointment to God, but resist making it your final verdict about Him.
b. God also heard those who feared Him. Malachi 3:16–18
    i. Those who feared God spoke to one another. The passage does not record their exact conversation, but it explicitly says God paid attention and heard. Their reverence mattered to Him. Biblia
    ii. Your conversation may be ordinary to the people around you, but it is heard by God.
    iii. Application: Build conversations that encourage trust: “Let’s keep praying.” “Jesus is faithful.” “We are standing with you.” “Your suffering does not make you forgotten by God.”
c. God took Israel’s rebellious words seriously. Numbers 14:28
    i. Israel’s complaints included wishing they had died in the wilderness. God swore that He would deal with them according to what they had spoken in His hearing. This was a specific judgment on persistent rebellion and unbelief. Bible Gateway
    ii. This passage shows the seriousness of speech that rejects God’s promise. It does not mean every frightened sentence automatically becomes a divine decree.
    iii. Do not let fear write the confession of your future.”

iv. Healing application: We can honestly describe pain while refusing to declare that God is powerless.

III. Speak Words That Magnify God - [Psa 35:27 NASB95] – 27 Let them shout for joy and rejoice, who favor my vindication; And let them say continually, "The LORD be magnified, Who delights in the prosperity of His servant." [Joe 3:10 NASB95] – 10 Beat your plowshares into swords And your pruning hooks into spears; Let the weak say, "I am a mighty man."

a. Make God's greatness a continual confession. Psalm 35:27
   i. David calls those who favor his vindication to rejoice and continually magnify the Lord, who delights in His servant's welfare. Verse 28 continues with declaring God's righteousness and praise throughout the day. biblehub.com
   ii. The setting concerns deliverance from enemies, but its application is helpful: let your speech continually honor God's character and care.
   iii. You can acknowledge the size of the problem while proclaiming the greatness of your God."

b. Speak praise while you are still seeking help.
   i. Faith-filled speech can include both an honest request and a confident declaration: "Lord, I am hurting, and I need Your help. You are faithful, You are powerful, and I am coming to You for healing."
   ii. Praise does not require pretending the struggle is over.

c. Integrate Joel 3:10 with its context intact.
   i. Joel 3:10 contains the statement: "Let the weak say, 'I am a mighty man.'"
   ii. For a direct Christian foundation for strength in weakness, pair it with [2Co 12:9-10 NASB95] – 9 And He has said to me, "My grace is sufficient for you, for power is perfected in weakness." Most gladly, therefore, I will rather boast about my weaknesses, so that the power of Christ may dwell in me. 10 Therefore I am well content with weaknesses, with insults, with distresses, with persecutions, with difficulties, for Christ's sake; for when I am weak, then I am strong.I feel weak, but I am depending on the strength Christ supplies.
   iii. Weakness can describe what I feel without defining everything God can do.

IV. Speak From a Believing Heart and Act on That Faith [Rom 10:8-10 NASB95] – 8 But what does it say? "THE WORD IS NEAR YOU, IN YOUR MOUTH AND IN YOUR HEART"-- that is, the word of faith which we are preaching, 9 that if you confess with your mouth Jesus [as] Lord, and believe in your heart that God raised Him from the dead, you will be saved; 10 for with the heart a person believes, resulting in righteousness, and with the mouth he confesses, resulting in salvation. [Mat 9:21-22 NASB95] – 21 for she was saying to herself, "If I only touch His garment, I will get well." 22 But Jesus turning and seeing her said, "Daughter, take courage; your faith has made you well." At once the woman was made well.

a. Biblical confession connects the heart and the mouth.
   i. Romans 10 places the word of faith in the mouth and heart. Believing and confessing belong together.
   ii. Context: Paul is specifically explaining salvation through faith in the risen Jesus and confession of His lordship. The passage establishes the relationship between inward faith and spoken confession; it is not a formula guaranteeing immediate physical healing. Bible Gateway
   iii. Preaching line: "Faith-filled confession begins with a heart trusting Jesus."

b. Confess Christ's lordship over your life.
   i. Our central confession is that Jesus is Lord.

   ii. We approach healing as people who belong to Him, trust His character, and welcome His ministry.
   iii. Application: “Jesus, You are Lord of my life. I bring my body, my fears, and my future to You.”

c. Let your words lead you toward Jesus.
   i. Return to the woman: She heard about Jesus. She expressed faith in Him. - She acted on that faith. She received healing. She heard His assurance.
   ii. Do not stop at saying something hopeful. Let your confession move you toward the One you trust.
   iii. Practical response: Ask for prayer. Receive the laying on of hands. Follow the Spirit’s leading. Continue appropriate care while trusting God.

- **Our words matter because they express what we believe, influence how we respond, and can help us act in faith to receive from Jesus.**
- Have you been rehearsing hopelessness? Have disappointment and fear begun shaping what you say about God and your future? Bring that struggle to Jesus.
- “Jesus, You are my Lord. I believe You are powerful and compassionate. I bring my need to You. Help my unbelief and strengthen my faith. Holy Spirit, fill my heart with Your truth. Let my words express trust in You. I ask You to heal me, and I receive healing in Your name.”